

CURRICULUM VITAE

CATHERINE SUTHERLAND

Contact Details

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Employment History

Nov 2017 - Present

The Rehabilitation Partnership Ltd
Brain Injury Case Manager

Case load consists of adults with complex acquired brain injury, spinal injury and catastrophic injury providing the highest quality and innovative case management services.

2013 - 2017

Berkshire Healthcare NHS Foundation Trust (BHFT)
Services Manager for Neurorehabilitation

Responsibility and accountability for the operational leadership, management and delivery of neuro-rehabilitation services across the county of Berkshire for 50 staff, based on 5 sites.
Led the development of strategy for the provision of Neuro-Rehabilitation Services.

Responsible for all elements of the budget for the Service - £1.5m.
Accountable for ensuring the training, supervision, clinical development, performance management and appraisal of staff.
Autonomous clinical responsibility for patients with a wide range of neurological impairments in order to support the service.

2010 - 2012

BHFT
Fixed term: Occupational Therapy Professional Lead

Provision of professional leadership and ongoing development for all Occupational Therapy (OT) staff.

Working in partnership with other operational leads to plan, implement and assist in the development of staff and service provision.

Representing OT at professional, strategic and development forums.

2007 - 2013

BHFT (formally Berkshire West PCT)
Team lead for the Community Neurological Rehabilitation Team (CBNRT)

Development and implementation of services; recruitment, operational management and leadership; management of resources and business planning; development of processes to enable implementation, reporting and recording mechanisms.

Deputising for OT Service Manager on professional matters
Clinical caseload within specialist neurorehabilitation service; provision of supervision.

Representing the OT Service, CBNRT, Therapy Services and the Trust on a variety of Berkshire West working groups.

2001 - 2007

University Hospital Birmingham NHS Trust (UHBFT)

Head of OT Service (Head II/Band 7)

Operational management of Queen Elizabeth Hospital OT Department and staff including deputising for the Head of OT. Clinical caseload in a Regional Neurosciences Unit and complex rehabilitation; providing clinical expertise, assessment and intervention of patients with a neurological deficit.

Teaching on post graduate programmes, mentoring of MSc students.

Member of multi professional and service management steering groups.

1997 - 2014

University Hospital Birmingham NHS Trust

Clinical Specialist OT

Clinical Speciality within Regional Neurosciences Unit and complex rehabilitation; post graduate research; supporting and teaching OT staff in relation to neurological deficits.

Member of clinical steering groups identifying and influencing service improvements; identifying future service needs for the New Hospital project.

1993 - 1997

University Hospital Birmingham NHS Trust

Senior I OT

Clinical Speciality within Regional Neurosciences Unit; service improvements including increase in staffing levels for new unit; New Ways of Working projects.

Delivering presentations/teaching on in-house and external national study days.

1992 - 1993

Queen Elizabeth Hospital Birmingham

Senior II OT Rotation

Clinical areas: Cardiac Rehabilitation, development of a joint Spinal Class with Physiotherapy, acute general medicine, vascular and general surgery, acute elderly care, Regional Neurosciences Unit.

1990 - 1992

South Birmingham Health Authority

OT Basic Grade Rotation

Clinical Areas: Learning Disabilities, acute Elderly Services, Social Services.

Development of clinical skills as a qualified therapist.

Professional Memberships

- Full member of Royal College of Occupational Therapists
- Practitioner Member British Association of Brain injury Case Managers (BABICM)

Academic Qualifications

1996 – 1998 Exeter University
MSc, Advanced Programme in Occupational Therapy

1987 – 1990 Coventry University
Diploma of the College of Occupational Therapy

Brain Injury Case Management Courses

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|----------------|------------------------------------------------------------------------------------|------------------------------------------------------|
| November 2017 | Stewarts Law | Case Managers Training Day |
| November 2017 | Clarke Willmott | Introduction to Medico Legal |
| Jan/March 2017 | Brain Tree Training | Distance Learning Cognitive Rehab |
| June 2016 | Royal Holloway, University of London – The NHS England Community Neurology Project | Transforming Community Neurology |
| October 2014 | Funded by South Central Cardiovascular Network, Trainer BHFT/CBNRT | Psychological Training for Stroke |
| September 2014 | College of Occupational Therapists – Neurology Specialist Section | COT Specialist Section – Neurology Annual conference |